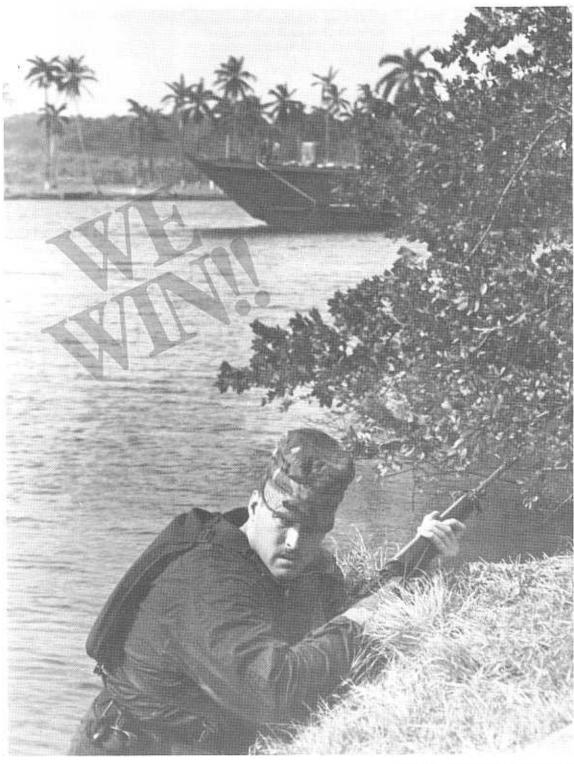
Standiford Field, Louisville, Kentucky

123d TAW Kentucky Air National Guard

Vol. 7, No 3, March 2,1991



KyANG photo by TSgt. Jeff Sansbury

### Commander's Column

The Air Force weight program has been launched. There are three basic refinements, including a new body fat measurement technique, random selection procedures and a streamlined administrative process.

The changes will begin as soon as the regulation comes on base.

New body fat measurements will be used to determine people's body fat percentage based on their height and several measurement points. Overweight people or those who present an unprofessional image will be measured for body fat percentage.

If a person is overweight but is below the maximum standards for body fat percentage, no further action will be taken. This is particularly helpful for some of our athletes who are close to or above their maximum allowable weight but who present a professional image.

For men, neck and abdominal measurements will be used; for women, neck, waist and hip measurements will be used.

People who exceed body fat standards will be entered into the weight management program, regardless of weight, unless medically deferred or if they receive an approved body fat standard adjustment.

The random selection is expected to reduce the number of weigh-ins each year by about 50 percent. Also, because weigh-in dates will no longer be predictable, the new procedure is expected to promote healthy lifestyles year round.

Administrative procedures for the weight program replaces 14 forms with only one. I am sure weight-control monitors will welcome that change.



Brig. Gen. John L. Smith 123d TAW Commander

I am sure as we have done in the past get behind this new program once the Air Force Regulation 35-11 comes into the PDO channels.

# Chaplain's Column

# Dare To Care campaign breaks records

By Chaplain (Capt.) Tom Curry

The Kentucky Air Guard's response to the Dare To Care food drive has exceeded everyone's expectations.

The grand total in December was 2,664 pounds of nonperishable food items. This represents a 165 percent increase over the 1989 contribution.

The Christmas Party sports challenge held in the hanger demonstrated the kind of participation across the board by the squadrons of our KyANG. The individual contributions reflect the quality of people in the KyANG who are concerned for their community's needy.

About 81,000 people will receive assistance in 1991 through Dare To Care. You share in that ministry to our community's hungry.

The entire unit is to be congratulated for its exceptional participation in last year's food

drive.

This funded Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of THE CARGO COURIER are not necessarily the official views of the United States Government, the Department of Defense or the U.S. Air Force.

The editorial content here is edited, prepared and provided by the KyANG Public Affairs Office, 123rd Tactical Airlift Wing, Standiford Fld, Lou., Ky 40213-2678. Wing Commander Public Affairs Officer Editor & Staff Writer Administrative Support Brig. Gen. John Smith Maj. Jeff Butcher TSgt. Jeff Sansbury SSgt. Sandra Merriweather

Deadline for submission of articles is the Friday after each UTA, for publication in the following month's newspaper. Articles can be delivered to the Public Affairs Office, Room 143 of the O&T Building.

# News

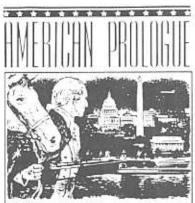
# Bean Soup open house next week

It's time once again for the KyANG 21st Annual Bean Soup Feast and Open House. This year it will be held Thursday March 14 from 11 a.m. to 7 p.m.

Guardsmen who wish to volunteer their time cooking the food or serving should contact Maj. Glenn Adair at Ext. 419.

Everyone is encouraged to bring their families and friends out to enjoy the traditional fare of bean soup, cornbread, cole slaw, dessert, soft drinks and coffee.

The cost is \$4 for adults and \$2 for children under 12. money raised from the event will benefit underprivilege and handicapped children in the Louisville area.



Worth the Wait

bank promotions are slaw 15 are safer the case of poor George Washington. It took the father

washington. It took the father of nit country' more than 200 years to be promoted.

Back in 1776. Washington was the General of the Revolutionary Armies. But after World War I, he found himself outranked by General of the Armies John J. Pershing And by the end of World War II, several other generals outranked him.

If, several other generals outranked him. Cangress redressed the situation in fer 11, 1976, with a joint resolution promoting Washington to General of the Armies of the United States. That made George No. 1 on the Army sulls. Or so everybody thought, until someone remembered it takes an order to feet.

offect a promotion Army Order No. 31-3, March 15, 1978. officially promuted Washington.

# Guard expands drug war

(NU) - In line with the increased national commitment to assisting the war against drugs, National Guard units throughout the country are quickly expanding anti-drug support operations in support of federal, local and state law enforcement agencies.

With increased national attention and resources being dedicated to solving the nation's drug crisis, the National Guard has taken on a broadened role in anti-drug support as part of the U.S. military's efforts to assist authorities in the continuing battle to rid the nation of illegal drugs.

Types of support Guard units are providing include observation and reporting, aerial reconnaissance and surveillance, radar support, as well as the loan of highly sophisticated and specialized equipment such as night vision devices, generators, military vehicles and helicopters. A relatively new mission of the Guard in this role has been to provide manpower support to assist U.S. Customs officials with commercial cargo inspection.

#### 53 State Plans

For fiscal year 1990, a total of \$450 million has been dedicated for Department of Defense anti-drug operations, \$70 million of which is earmarked specifically for National Guard programs in each of the states and U.S. territories. The Defense Department antidrug appropriation is a \$150 million increase over last years's funding. Last year's allotment for the Guard was \$40 million.

In accordance with the recently passed federal anti-drug legislation, the Department of Defense has announced that it will release funds in support of approved National Guard plans from 53 states, territories and the District of Columbia. The state plans process mirrored that of the previous year where states interested in obtaining federal funding for National Guard drug support operations were required to submit detailed plans for review and coordination by the Department of De-

#### Guard Moves Against Drugs

Since as early as 1977, the National Guard has had a limited, yet effective hand in helping cut down on the supply of illegal drugs cultivated in the United States. Yet, it has only been in recent years that a nationwide effort has been launched to stem the flow of illicit drugs entering the United States.

The first state to employ National Guard units in support of civilian law enforcement was Hawaii when then-Governor George Ariyoshi orchestrated "Operation Green Harvest," a successful program that combined various local and state agencies to eradicate domestically grown marijuana.

Since that time, the Guard's role in drug interdiction has evolved to an unprecedented 6,000-plus Guard members from 53 states and territories executing drug support operations in fiscal year 1989. The Guard's efforts, in conjunction with civilian law enforcement officials, reportedly lead to the eventual confiscation or eradication of over \$12 billion in illicit drugs last year. \*

## MAC loses weather service

SCOTT AFB, III. (AFNS) --

Air weather service will be redesignated as a field operating agency, and removed from under military airlift command's control on April 1.

AWS will realign under the directorate of weather, which is part of plans and operations at Headquarters Air Force. The realignment will not change the structure of AWS's seven wings and their subordinate units.

Under the move, policy,

resource allocation and planning for the weather functional areas will be performed at the Air Force level, while operations and implementation will continue at AWS Headquarters at Scott AFB.

A previous defense management review decision streamlined AWS management at squadron level and above. AWS has 5,100 military and civilian personnel serving at nearly 270 locations worldwide.

# Post war trauma hits home for some Desert Storm GIs

By Jerilyn Ross

(NU) - Some 16 million Americans suffer from anxiety disorders that can bring on intense and terrifying fear.

Although the disorders can literally strike without warning, some are more predictable than others. The crisis in the Persian Gulf is certain to trigger some cases of post-traumatic stress disorder (PTSD) among people who are caught up in the conflict.

There have been many news stories about emotional problems and stress that can be linked to Iraq's invasion of Kuwait, so this seems a good time to respond to some questions I have been asked about it.

Q: Is there something wrong with my boyfriend, who has been back in the United States since early September, but still has daily nightmares about being under artillery fire in Kuwait?

A: It is normal to have this type of reaction for a while, but if it persists it may signal the onset of post-traumatic stress disorder. This disorder can occur in individuals who have survived severe and unusual physical or emotional trauma.

It can be brought on by physical violence such as war or rape. Natural disasters such as flood, fire or plane crashes can also trigger a bout with PTSD. Nightmares, by themselves, do not signal the existence of an anxiety disorder.

The question is whether they continue beyond a reasonable time and whether your friend's experience in Kuwait interferes with daily living. Individuals with post-trau-

matic stress disorder may continually relive the ordeal and become unable to focus on their regular activities. Others may experience a general emotional numbing in an effort to shut out the pain of the ordeal.

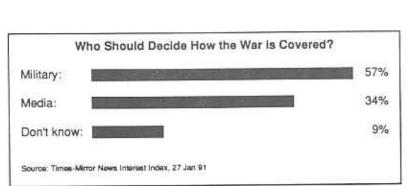
Q: My best friend has been having trouble concentrating at work and is also having a hard time sleeping since her husband, a soldier, was sent to Saudi Arabia. Is this cause for alarm?

A: Again, it is a question of degree. All of us feel anxious at times and it is normal to worry when a loved one may be in danger. More than likely this woman is dealing with stress, not an anxiety disorder. It takes time to adjust to this sort of disruption and most individuals will eventually learn to cope with the new set of circumstances.

However, I would be concerned if the anxiety about her husband becomes so overwhelming that it begins to dominate her behavior. If the sleep and concentration problems persist and she experiences other symptoms such as chronic restlessness or a panic attack, it is possible she is developing an anxiety disorder and would benefit from therapy.

Questions for Ms. Ross or requests for information about anxiety disorders should be sent to the Anxiety Disorders Association of America, 6000 Executive Boulevard, Suite 200, Rockville, MD 20852-3801

(Ross is president of the Anxiety Disorders Association of America.)



# NGAUS-Ky Convention highlights next week

The 60th Annual National Guard Association of Kentucky conclave will assemble March 8 at Lexington's Marriott Griffin Gate Resort and Golf Club.

Brig. Gen. Michael W. Davidson will give his "State of the Guard" speech. Other speakers include U.S. Sen. Wendell H. Ford, (D-KY); Hon. John W. Shannon, under secretary of the Army; and Lt. Gen. John B. Conaway, chief, National Guard Bureau. The banquet speaker is University of Kentucky basketball coach Rick Pitino.

The candidates for president-elect are Major Teresa A. Harden, 123d RMS, chief, supply management and systems branch and Lt. Col. Edward W. Tonini, KyANG state headquarters, chief, public affairs. Running for vice-president Air are Majors John A. Britton, 165th TAS, assistant A flight commander and Howard P. Hunt, 123d CAM, chief, maintenance control.

There will also be a general assembly meeting of all members of the KyANG officers association. Time and place can be obtained at the registration desk.

If the family is well taken care of, a guardsman can do his job effectively and efficiently without worrying about those he left behind.

# This date in history: 1954

By SSgt. John Martin

Starting this month, a new feature to the Cargo Courier will be a column by the wing historian. This article, though not intended to be a history lesson in miniature, will be concerned with the significant events of the Kentucky Air National Guard and events from years past in American and world history.

The month of March has had its share of noteworthy accomplishments, such as:

- The first woman pilot (De la Roche), authorized on March 8, 1910.
- The first aero squadron was organized on March 5, 1913.
- SAC and TAC were divided into bomber and fighter forces on March 21, 1945.

- For the KyANG, it was one year ago this month that work began on the first tension fabric structure building of its kind in the Air Force: the Clam Shell.
- Five years ago this month, 94 members of the wing and their RF-4C aircraft were deployed to Nellis AFB, Nev., for Green Flag 86-03.
- In 1954, during the month of March, a verbal battle between the KyANG and the City of Louisville occurred concerning a proposed extension of the north-south runway at Standiford Field. The KyANG eventually received the extension of 2,800 feet, but it would take nearly 2 1/2 years before being finalized. Maj. Andrew Broaddus of Louisville backed the KyANG in its request.



# KyANG units rotate for Desert Storm



Photo by SMSgt. Dave Tinsley

Above, a member of the 123rd Services Flight was mobilized at the Standiford Field ANG Base as some spouses witnessed. These actions brought the number of KyANG troops activated to 108. That is broken down to 13 officers and 95 enlisted men and women, including six who are serving on a voluntary basis.

An additional 20 KyANG members were placed on active duty in support Operation Desert Storm last month.

The first group called was nine members from 123rd Services Flight. The food service specialists were deployed to Little Rock AFB, Ark. They became assets and were immediately assigned to various positions in-line with their respective Air Force specialty codes, said MSgt. Madeleine Travis, the flight's superintendent.

The next group out was the 11member Air Weather Service Flight. They serve as forecasters for the Army's 20th Special Operation Group, and were deployed to Ft. Bragg, N.C., for a 30-day training period before their next assignment.

Lt. Col. Forrest Nelson, the unit's commander, said four members from other ANG weather service units would complete the manning goal.



Photo by SMSgt. Dave Tinsley

Above, SSgt. Jon Waliga of the 123rd Services Flight and his wife, Kimberly, share their very first mobility station together as TSgt. Deborah Nelson advised them on personnel matters last month. The recent deployments have placed KyANG members across Europe, the Middle East and other U.S. military bases.

# **News Updates**

# Uniform changes made, women try new styles

The Air Force Uniform Board has approved changes to uniform requirements. Among them are:

 Wearing of the polyester and wool lightweight blue jacket on commercial transportation.

 Removing the loop and tab from the collar of the lightweight blue jacket.

 Major commands adopting sew-on rank and accouterments on desert battle dress uniform.

 Authorizing chrome studs and cuff links for men's mess dress uniforms. AFR 35-10 will say the badges, cuff links and studs will be worn as sets, not mixed.

\* Changing the parachutist badge from mandatory to optional. The restriction on the number of badges that may be worn at one time remains in effect.

 Rewording AFR 35-10 to let MAJCOMs determine acceptable off-base wear of flight clothing.

 Distinguishing the Civil Air Patrol uniform from the Air Force uniform

\* Allowing women to wear black satin shoes with the mess dress uniform and use a patent leather or high-gloss material purse with any authorized footwear. AFR 35-10 will provide dimensions for commercial purses.

 \* Allowing MAJCOM commanders to let people wear a black or brown turtleneck T-shirt with utility uniforms.

The board also announced:

 Cotton poplin lightweight blue jacket will phase out by Sept. 30.

 Only green or brown undershirts may be worn with the BDU.

\* The enhanced security police jacket may be worn by missile crew members with the duty uniform when not wearing the service dress coat.

 Women's semi-box service dress coat will phase out March

 Name tags may be worn on ceremonial dress uniform at functions where a person needs to be identified in an official capacity.

 Men may wear the blue knit tie, which will be available through AAFES.

For the women, wear testing will soon begin on:

\* Two optional tuck-in pocketless blouses, two styles of side-pocket, front-pleat and rear kick-pleat skirts, and two styles of maternity jumpers.

Results of the board will be effective once regulations have been updated.

### Toll-free phones let Desert Storm troops reach out

Kelly AFB, Texas (AFNS) -The Air Force has established a
toll-free number at the Air Force
news center here to provide
general information to the Air
Force family members and the
public about the war in the
Persian Gulf.

The toll-free number is 1-800-253-9276. The line will operate 24-hours-a-day until further notice.

Air Force military and civilian personnel manning the information center are prepared to provide information on casualties following confirmation that relatives have been informed. In addition, center operators will do their best to answer general questions and refer callers to an appropriate information source, Col. Paul Heye, center commander, said.

The center is not intended to be a primary source for casualty information, nor is it designed to handle inquiries for news media representatives, Col. Heye added.

The Air Force line is operating in conjunction with similar toll-free information lines established by the Navy and Marines. Those numbers are: Navy, 1-800-255-3808 for immediate family members, and 1-800-732-1206 for inquiries from the general public; Marines, 1-800-523-2694. The Army number is 1-703-614-0739. It is not a free call.

# Reserve ID gives full BX rights

All National Guard and Reserve members with red ID cards and family members with a dependent ID cards are authorized full, unlimited exchange privileges, identical to active duty persons and family members, the Department of Defense announced last month.

While this is the rule for the transition period, dependents who do not have proper ID will still be allowed to shop without the sponsor, provided they show a picture ID (driver's license) and the Leave & Earning Statement or orders transferring the sponsor to retired reserve.

# 'H' model ushers in latest C-130 here

By Lt Col. Ed Tonini, HqKyANG

Department of Defense recently announced another aircraft conversion for the Tactical Ailift 123d Wing. Kentucky Air National Guard based at Standiford Field in Louisville. The last conversion the unit experienced was two years ago, when both the aircraft and mission changed, from tactical reconnaissance and the RF-4C Phantom, to tactical airlift and the C-130B Hercules. The newly announced conversion will be from the C-130 s, among the U.S. Air Force's oldest aircraft, to the C-130H models direct off the Lockeed assembly line.

Over nighteen hundred C-130 Hercules aircraft, conveived nearly 40 years ago, remain in service today, with 63 countries around the world. A C-130 delivered today does not differ much in appearance to aircraft number 1 at roll out. The total cargo volume of 4500 cubic feet. capacity of 92 troops (64 paratroopers) and 74 litters with two attendants has remained standard. The present production version is a vastly improved, significantly more capable airplane. As the C-130 has progressed through successive models from the original C-130A to the current advanced C-130H, virtually every major system has been strengthened, modernized or otherwise improved. Fusclage skins, wing panels, wing structure, landing gear, engines, propellers, avionics and hydraulic, electrical, environmental and fuel systems have been systematically upgraded. Significant advances have been made in corrosion resistant alloys. scalants, and finshes that simply

were not available during the manufacture of earlier models. All of these changes have greatly enhanced the mission capability, relaibility, maintainability, and supportability of today's C-130 H Hercules.

The 123d TAW is expected to receive its first new model in the March - April 1992 time frams. The unit is anticipating about two aircraft a month for about six months - a total of twelve.

Today's C-130H has more engine power, owing to the replacement of older T56-A-7 engines with T56-A-15 power plants resulting with higher takeoff power, higher cruise speeds, shorter airfield performance, and increased speeds and altitudes. Continual incorporation of stateof-the-art functional systems and avionics had dramatically improved system reliability and in-service utilization. Structural changes, such as design and material and in in-service utilization. Structural changes, such as design and material improvements to the landing gear, center wing, and outer wing, have significantly increased fatigue life, service life, fail-safe characteristics. corrosion resistance

The maximum gross weight of the C-130H is 15 percent greater than the C-130B. The "H" model engine power is 11 percent greater than the "B" model. The fuel capacity of the "H" model, 9,248 U.S. gallons is 33 percent greater than the "B", and the maximum payload of 38,536 pounds is 11 percent greater. Its performance with a capacity load is 2,000 nautical miles, while its ferry range is 4,400 nautical miles.

The C-130H is capable of takeoff in 5040 foot of runway and is capable of landing with only 2750 feet of paved or dirt surface. The "H" model Hercules has a maximum cruise speed 0f 335 knots and will cruise long range at 300 knots.

The modern Hercules has

reached new levels of dependability and reliability. Current C-130Hs require fewer maintenance manhours per flight hour than older models. Time between overhaul and replacement of parts have been extended and maintenance time reduced so that reliability and maintainability have been signicantly improved. Maintenance manhours per flight hour have been reduced 50 percent compared to earlier models, and mean time between maintenance action has improved 75 percent.

Operational support cost is a major factor in evaluating the long term cost-effectiveness of an aircraft. Aircraft age and outdated technology not only affect productivity but also adversely contribute to the cost of operating older aircraft. Operational support costs for the C-130H are 34 percent lower than those for the C-130B.

Each step along the way in its development and evolution, the C-130 has been improved. The manufacturer retained the basic shape and size and concentrated on new and important improvements to internal systems, power and The C-130H performance. Hercules aircraft the Kentucky ANG will recieve represents the culmination of 40 years of refinement to the best tactical airlift airframe the world has ever known.

# Feature

# Granny finds new home at Desert Storm

By SSgt. Robert V. Pease Saudi Arabia (AFNEWS)

Most people are probably familiar with the old dig, "Your mother wears Army boots," but two children in Georgia may have to deal with a 1990s version: "Your grandmother wears combat boots, desert cammies, dog tags and carries a gas mask."

Janet MacFarlane, a Red Cross representative, volunteered to give up being mom and

grandma for the

deserts of Saudi Arabia and a chance to serve alongside Marines, soldiers and airmen in support of Operation Desert Shield.

Easily spotted with her snow-white hair and cheerful smile, Mrs. MacFarlane has been helping troops with a variety of problems for the last three months. Her first month was spent with the Marines in the northernmost areas when things were less stabilized.

That first month was very different," she said. "So much was still uncertain and the troops sensed a lot more crisis. I held a lot of men in my arms who were

Mrs. MacFarlane's greatest worry prior to leaving from the Marine Corps air station in Yuma, Ariz., was her handicap -- arthritis

in both hands.

" I was terrified that they would screen me out and not allow me to come over here," she said. "They asked if I could write all day and I said yes, so I guess that was good enough. I wanted to come very much and have no regrets. I've also done all my work on typewriters and computers, so my arthritis really hasn't been a big problem."

Being the wife of a retired Marine Corps officer, Mrs. MacFarlane was usually the waiting wife, but this time the tables were turned and it was her husband who waited for her back home, while getting little sympathy from their friends.

"Every time my husband opens his mouth with a 'feel sorry for me' statement," Mrs. MacFarlane said, "my friends answer with something like 'hey, Jan got stuck waiting for you all those times and she did it."

And did it she did. She said goodbye to her family, climbed aboard a C-5 Galaxy with a group of Marines and made her way, unassisted, to the upper deck with all her gear.

"I called that C-5 my 'flying whale," she said, "because I felt like Jonah in the belly of the great fish. What a ride...and I hated

every minute of it."

As she prepares to end her tour here soon, Mrs. MacFarlane said it has been everything she would have

expected, with one exception.

"The one thing I didn't expect," she said, "was the attitude of the military toward us (the Red Cross workers). People just came up and told us what a great job we were doing or simply said thanks for being here. I've never been stroked like that in my life and it keeps you on a high so you're willing to do anything to help."

Mrs. MacFarlane may give the appearance of a typical mother or grandmother, but she has lived under the same conditions as the military people, and her hours have been longer than most.

"I get up at 5 in the morning and my normal day isn't over until about 8 or 9 at night," she said. "Even when I finally do get to my tent, I have a radio with me and usually get at least one call during the night. I think in the two months I've been here, I've only had four nights of uninterrupted sleep, but I really don't mind if I can help someone."

Mrs. MacFarlane hopes the help she has given to troops here goes deeper than just emergency messages and routine Red Cross

assistance.

"I'm a happy person," she said, "and I'd like to think that some of that cheerfulness may have put someone up for the day. I also believe I've had the maturity, understanding and experience to be able to listen and encourage those who have needed that kind of support. One of the chaplains told me I was a 'mother symbol' and I think that's probably been very true."

Although she looks forward to getting back home to her family, Mrs, MacFarlane said she'll miss the work and the people here. But Desert Shield troops may not have seen the last of "Combat

Granny."

"There's always a chance that they may rotate us back again before the situation here is resolved," she said. "If not, I still wouldn't have missed this for the world. In a word, it's been "dynamite!"

"Where else could a little old lady be honored as the Red Cross employee of the month for two

running?" she asked. "They even have a parking space designated for the winner."

"Of course, it helps to be the only Red Cross employee in the arca."

# State Headquarters & You =

### Frankfort office lends ear

By Maj. Robert Cannon State Social Actions Officer

One of State Headquarters' functions is prescribed in Air National Guard Regulation 30-2. The state adjutant general has final responsibility for the ANG social actions program within the state.

In order to accomplished this, TAG has appointed a social actions officer on the staff of the ANG State Headquarters to assist in managing the social actions program and to effect coordination between ANG units and the State Headquarters.

The state social actions officer is the focal point for the state headquarters staff in all matters pertaining to the social actions program, which includes the Equal O p p o r t u n i t y a n d Treatment/Human Relations Education and Drug and Alcohol Abuse Control programs. He or she serves as the central coordinator within State Headquarters on social actions matters requiring headquarters' staff action.

The state social actions officer:

 Provides policies, guidance, standards and procedures to the 123rd Mission Support Squadron's Social Actions Office and the 123rd Tactical Airlift Wing.

 Responds to requests for guidance and assistance from the wing.

 Serves as state-level OPR for urinalysis testing.

- Provides required reports to the National Guard Bureau.

 Monitors and evaluates baselevel social actions programs.

Conducts staff assistance visits to units.

 Performs other duties as prescribed by TAG and senior headquarters staff.

Currently the state social actions officer is a full-time technician assigned to the support personnel management office in Frankfort.

In this capacity he is the state equal employment manager responsible for the technician equal employment opportunity program (Army and Air Guard) on Monday through Friday.

Equalemployment opportunity refers to matters covered under



Maj. Robert L. Cannon

Title VII of the Civil Rights Act of 1964. This applies only to federal employees, whereas Title VI of the same act covers drill status and AGR military members.

If you should have a question about any of the above matters, you are invited to call (502) 564-6333 or DSN 366-3333. We are here to serve you.

# DoD defines sexual harassement conduct

From the Military Family Resource Center, Virginia

Defense officials continue efforts to eliminate sexual harassment in the armed forces. An October 1990 presentation in Colorado Springs to the Defense Advisory Committee on Women in the Services (DACOWITS) outlined DoD's strategy to help service members understand what constitutes sexual harassment and ensure

that the rules against sexual harassment are effective.

"We have to police the system and then enforce the policy that is in place," Army Col. Joseph Greenlee said. Colonel Greenlee is deputy director of the Equal Opportunity Office at the Office of the Secretary of Defense.

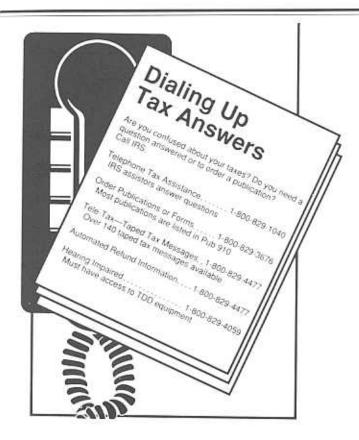
During the presentation, DACOWITS members were advised that actions are being taken to update and improve existing guidance, while at the same time create a better understanding of DoD's policies to ensure that victims know that counseling is available. Measures also are being addressed to ensure that those who

harass are punished.

Recent surveys have helped clarify the extent of the problem. A DoD survey in 1988 -- the first of its kind -- indicated that most military women have suffered some form of sexual harassment. The level of sexual

harassment and assault incidents in the military is believed to parallel that of the civilian sector.

# IRS booklets make tax filing easier



### Your Errors Can Delay Tax Refunds

Taxpayer errors on income tax returns can add two or more weeks to the normal eightweek processing time, slowing down refund checks, say Internal Revenue Service officials.

More than 11 million 1989 federal income tax returns had taxpayer errors. Taxpayers should double check their returns and look for these common mistakes:

- should double check their returns and look for these common mistakes:

  Missing or incorrect Social Security number;
  Name incorrectly entered;
  Math error in computing taxes;
  Wrong tax form used;
  Missing Form W-2 or other supporting documents;
  Total tax not entered;
  Standard deduction not claimed;
- ☐ Earned income credit not claimed when entitled;
- ☐ Status boxes not checked;
- ☐ Tax form not signed;
- ☐ Wrong entry for estimated payments; and
- → Duplicate return filed. <a>≦</a>

The Internal Revenue Service wants to make it easier to file 1990 income taxes. As part of this effort, the IRS constantly updates information in its free publications.

Providing step-by-step instructions and answering commonly asked questions on specific topics, the brochures and forms are available by contacting the IRS.

IRS officials said an individual may need answers or more information not available in the standard 1040 packets. Ranging from owning a farm or business to child care and moving, each publication discusses a specific tax aspect in depth.

Some frequently requested publications

- Publication 1, Your Rights as a Taxpayer
- ☐ Publication 3, Tax Information for Military Personnel
- ☐ Publication 17, Your Federal Income Tax
- ☐ Publication 503, Child and Dependent Care Expenses
- ☐ Publication 504, Tax Information for Divorced or Separated Individuals
- $\square$  Publication 521, Moving Expenses
- ☐ Publication 523, Tax Information on Selling Your Home
- ☐ Publication 525, Taxable and Nontaxable
- ☐ Publication 530, Tax Information for Homeowners
- ☐ Publication 596, Earned Income Credit
- ☐ Publication 910, Guide to Free Tax Services

Other forms needed to complete income tax returns may include:

- ☐ Form 1040X, "Amended U.S. Individual Income Tax Return"
- ☐ Form 2119, "Sale of Your Home"
- □ Form 2848, "Power of Attorney and Declaration of Representative"
- ☐ Form 4868, "Application for Automatic Extension of Time to File U.S. Individual Income Tax Return"
- ☐ Form 8822, "Change of Address"
  For copies of these publications and others, call toll free 1-800-829-3676 or write:

Internal Revenue Service Forms Distribution Center PO Box 25866 Richmond, VA 23289 USA